



Sturt Lacrosse Club Inc 2024 Annual Report



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2024 OFFICE HOLDERS

President Peter Greenhalgh
Vice-President Damien Halliwell
Secretary Stacey Appleton
Treasurer Mark Newman

Committee Members

Kristin Greenhalgh
Jenn Buttfield
Cindy Tuxford
Cat Blakemore
Danielle Fitzpatrick
Cameron Robb

2023 SPONSORS





PRESIDENT'S REPORT 2024

PRESIDENT'S REPORT 2024

As the President of the Sturt Lacrosse Club, I am formally announcing that I will not be nominating for the position of President for the upcoming year. This decision is due to my business partner retiring, which requires me to take on full responsibility for managing our business. As a result, my capacity to commit the necessary time and energy to the club will be significantly reduced.

Over the past two years, my committees have worked hard to build a **culture rooted in inclusivity, camaraderie, and fun**. We've created an environment where everyone feels welcome, valued, and motivated to contribute, both on and off the field. This strong sense of community has not only brought us closer together but has also laid the foundation for our future success. **Make no mistake—this culture will continue to be the cornerstone of our club's achievements.** Great teams are built from great cultures, and we are so close to reaching the level of success we know we can achieve.

I want to extend a heartfelt thank you to **Stacey Appleton**, our dedicated Secretary, who has played a pivotal role in the success we have begun to achieve. Stacey's hard work, organisation, and unwavering commitment have been instrumental in ensuring the smooth operation of the club. Her attention to detail and tireless efforts behind the scenes have made a huge difference, helping to lay the groundwork for the progress we've made. The success we are seeing is in no small part thanks to her contributions, and for that, we are incredibly grateful.

Achievements During Tenure

Over the past two years, the Sturt Lacrosse Club has seen **substantial growth and success** across many areas. Some of the key achievements during my presidency include:

- **2023 Senior Nationals:**
We successfully hosted this major event, which was a considerable effort from all involved and showcased the club's **organisational capabilities**.
- **Growth in Senior Teams:**
In 2024, we fielded **five senior teams**, up from just three the previous year, reflecting the increasing strength and participation within the club.
- **Finals Success:**
Nine of our eleven teams made the finals, including **all three men's teams**. Of these, seven teams advanced to the **preliminary finals**, with two reaching the **grand finals**, and we celebrated a **well-deserved premiership victory**.
- **Life Memberships:**
Four more individuals were elevated to **life member status** in recognition of their long-standing contributions to the club.
- **The 500 Tournament (2024):**
Another successful large-scale event that **strengthened our position** within the lacrosse community and demonstrated the club's organisational prowess.

Honouring Sturt's Legacy and Looking to the Future

Sturt Lacrosse Club has a proud **125-year history**, achieving remarkable success that includes:

- **23 Senior Men's State League Premierships**
- **Multiple Isaachsen Trophy Winners** (Best and Fairest player in Australia):
 - Robert E Wakelin – 1958
 - Allan Jennings – 1962, 1963
 - Jim Wiles – 1976
 - Paul Fazzini – 1986
 - John Hill – 1986, 1989
 -

We've also had many **players represent South Australia and Australia**, demonstrating the strength of our player development over the years.

However, we must acknowledge that **the past two decades have been challenging**. It has been over **20 years** since our last State League Premiership, and we have lacked a **senior women's State League team**. Despite these challenges, our **junior programs are thriving**, and the club is building a strong culture that prioritises **fun, inclusivity, opportunity, and improvement**. These values have attracted new players and built a **solid foundation for success**.

This year, we've seen remarkable growth in our men's program, expanding from **State League and Division 2** to include **Division 1** as well. This expansion has created **greater competition** within the squad, motivating players to work harder and get stronger as they aim to secure a place in the top tier. We are confident that **on-field success is not far away**.

On the women's side, the club fielded **two senior women's teams** this year, including our fantastic **Division 2 team**. This group consists of **experienced players, first-year players, juniors, mums, partners, and friends**. They have bonded exceptionally well, creating an atmosphere filled with camaraderie and fun.

Importantly, we are laying the groundwork for the **formation of a women's State League team** as early as 2025, with **2026** set as the latest target for our return to the **Women's State League**.

Future Priorities for the Club

Women's State League Team

We have a talented group of junior girls who need a clear **pathway for development**. Without this, we risk losing them to other clubs, which would be a significant setback. Ensuring the progression and retention of these players is essential to our future success. The formation of a **women's State League team** must be a top priority to provide opportunities for these players to grow within the Sturt Lacrosse family.

Sponsorship Opportunities

While we have achieved **financial stability** without major sponsors, additional support could **take the club to new heights**. Securing sponsorship will be crucial for expanding our resources, improving programs, and driving future growth.

Junior Recruitment

The club must continue to focus on **recruiting and developing junior players** to maintain and grow our success. A strong junior program ensures a **pipeline of talent** for the future and fosters long-term success for Sturt Lacrosse.

Conclusion

While I will not be continuing in my official capacity, I am confident that I leave **Sturt Lacrosse in a strong position**, with a solid foundation for future success. The **growth in senior teams, the success of our tournaments, and the culture we've cultivated** will serve as the bedrock for the next chapter of the club. I am optimistic that the **next leadership team will build upon these achievements** and continue to guide the club toward **even greater accomplishments**.

Thank you to all the **players, coaches, volunteers, and supporters** for your continued commitment and passion. Although I am stepping away from the presidency, I will remain fully supportive of the club and contribute wherever I can.

Sturt Lacrosse has a **bright future ahead**, and I look forward to witnessing the continued **growth and success** of this incredible club.

Peter Greenhalgh
President 2023-24

Team Results 2024

Team	2023 Result	2024 result
Men's State League	5th out of 7	3rd out of 6
Women's State League	NO TEAM ENTERED	NO TEAM ENTERED
Men's Div 1	NO TEAM ENTERED	4th out of 5
Women's Div 1	5th out of 6	3rd out of 6
Men's Div 2	1st out of 7	1st out of 7
Women's Div 2	NO TEAM ENTERED	6trh out of 6
U18 Boys	3rd out of 4	3rd out of 4
U18 Girls	5th out of 5	4th out of 6
U15 Boys	4th out of 5	3rd out of 6
U15 Girls	5th out of 7	3rd out of 5
U13 Boys	2nd out of 7	7th out of 8
U13 Girls	6th out of 8	3rd out of 6
U11 Boys	1x team nominated	1x team nominated
U11 Girls	1x team nominated	1x team nominated
U8 Mixed	NO TEAM ENTERED	1x team nominated

TREASURERS REPORT 2024

The following is the treasurer's report for the period:

- Date 1 October 2023 – 30 September 2024
- The Club's gross receipts are less than \$500,000, as a result the clubs financial records are not required to have been audited.
- As of 2024, the organisation is required to lodge an annual Not for Profit Self-Review return with the Australian Taxation Office, this has been lodged with the ATO.

In order to show the operations of the club and remove the impact of once off events i.e. the 500 Lacrosse Tournament and Senior Nations, I have broken the Profit and Loss down for the club as per the following table:

Profit and Loss

Sturt Lacrosse Club Incorporated

For the year ended 30 September 2024

Account	2024	Club	125	2023	Club	Senior
Trading Income						
\$100 Sports Vouchers	(200)	(200)		3,400	3,400	
Canteen Sales	71,911	57,821	14,090	90,066	59,833	30,233
Competition Hosting	375	375		0	0	
Donations	350	350		0	0	
Events Income	0	0		5,570	0	5,570
Grants Received	3,000	3,000		0	0	
Income Clearing	0	0		2,350	2,350	
Interest Income	1,200	1,200		347	347	
Merchandise sales	11,054	11,054		6,158	2,308	3,850
Player Fees	26,734	26,734		21,939	21,939	
Presentation & Dinners	5,600	5,600		4,730	4,730	
Room/Field Hire	2,290	2,290		790	790	
Social Membership	1,160	1,160		0	0	
Sponsorship	2,720	2,720		2,000	2,000	
Sponsorship - Senior Nationals	0	0		4,875	0	4,875
Uniform Sales	0	0		707	707	
Total Trading Income	126,193	112,103	14,090	142,932	98,404	44,528
Cost of Sales						
Bar & Canteen Supplies	37,011	29,759	7,252	46,916	31,140	15,776
Merchandise costs	12,444	12,444		11,696	8,696	3,000
Player uniforms	5,049	5,049		0	0	
Total Cost of Sales	54,504	47,252	7,252	58,612	39,836	18,776
Gross Profit	71,689	64,851	6,838	84,321	58,569	25,752
Operating Expenses						
Advertising	248	248		417	417	
Bank Fees	119	119		85	85	
Bank, Stripe & Square Fees	1,793	1,793		1,630	1,130	500
Club Setup Costs	585	585		3,981	907	3,074
Events & Functions	1,120	1,120		825	825	
General Expenses	50	50		0	0	
Ground hire	31,644	31,644		26,362	26,362	
Ground Maintenance	4,185	4,185		1,041	1,041	
Licence & Permits	138	138		132	132	
Major Event Costs	1,500	0	1,500	14,263	0	14,263
Player transfer fees	66	66		0	0	
Playing Equipment	335	335		1,824	1,824	
Presentation & year end events	2,145	2,145		6,484	6,484	
Repairs and Maintenance	1,329	1,329		0	0	
Square Fees	26	26		0	0	
Stripe Fees	2	2		0	0	
Team nomination fees	19,431	19,431		19,571	19,571	
Umpire fees	7,065	7,065		5,405	5,405	
Total Operating Expenses	71,782	70,282	1,500	82,021	64,184	17,837
Net Profit	(93)	(5,431)	5,338	2,300	(5,615)	7,915

125 Year Celebration (500 Lacrosse Tournament – April 2024)

In April 2024 the club hosted the 500 Lacrosse Tournament which was a friendly competition between the 4 Lacrosse clubs in Australia that celebrated their 125-year anniversary in 2024.

Following learnings from the 2023 Senior Nationals Competition, running the 500 tournament was a lot smoother, profitable with lower costs for hosting the event for the club.

The turnover from the bar and canteen for the 3 days was \$14,090, assigning food and drink costs of \$7,252 and \$1,500 paid to East Fremantle to subsidise their costs resulted in a profit to the club of \$5,338 for hosting the event.

CLUB OPERATIONS (Excluding 125 Above)

As per the 2023 year I have prepared the income and expenses of the club to provide a summary of the operations of the club without the impact of once off events that may not be repeated in the future.

The operations of the club generated a loss for the year of \$5,431.

Included in these results are 2 abnormal items being:

- Additional rental payment to OSR \$ 2,223

A reconciliation of the rental payments to OSR confirmed that there was an outstanding payment for grounds hire due of \$2,223, this was due to OSR not being consistent in sending out their invoices. All monthly payments to OSR are now made by direct debt each month.

- 2023 Sports vouchers loss \$ 3,400

With a change to the date required for claiming the 2023 vouchers and complication's accessing the system, we were unable to claim the 2023 vouchers. As at the date of this report we have lodge the 2024 vouchers and been paid for the majority.

Adjusting for the above once off items the club would have made a profit from its operations of \$395.

Net Profit	(5,431)
Once off Adjustments	
- Rental	2,333
- Sports Vouchers	3,400
Adjusted Net Profit	302

Income

- Canteen & Bar Sales

The canteen and bar generated income for the 12 months of \$57,821 vs \$59,833 for the prior year

The canteen and bar sales generated a profit for the club of \$28,061.

- Player Fees

Player fees for the 2024 year was \$26,734 which reflects the increase in player numbers during the year. For reference Lacrosse SA charges \$215 each registered player regardless of age.

Expenses

- The operational expenses for the club were \$70,282, and increase from the prior year of \$6,098
- Ground Hire

Our lease with the Office of Sport and Recreation and is paid on a monthly basis for the full 12 months. The current monthly fee is \$2,223.38 with additional costs for lighting and other events.

- Player Nomination Fees

Each player is required to be registered with Lacrosse SA which incurs a cost of \$215.00 per player regardless of age, i.e. juniors and seniors are the same fee.

- Umpire Fees

Umpire fees are based on the number of teams entered during the year, with adding an additional team our fees have increased accordingly.

Bank Accounts

The club has the following bank accounts with a total balance as at 30 September 2024 of \$44,593.98 and a copy of the bank statements has been attached to this report verifying the amounts:

Bendigo Bank (operating account)	\$ 6,523.70
Peoples Choice (former operating account)	\$ 2,430.96
Peoples Choice – Grant Account	\$ 2,798.24
Term Deposits.	

As at 30 September 2023 the club has 3 term deposits which automatically roll over on maturity, no withdrawals or deposits occurred over the past 12 months.

Term deposit 102215985	\$ 11,298.37
Term deposit 102215988	\$ 11,571.54
Term deposit 105587122	\$ 9,971.17

Mark Newman
Treasurer

Profit and Loss

Sturt Lacrosse Club Incorporated For the year ended 30 September 2024

	2024	2023
Trading Income		
\$100 Sports Vouchers	(200.00)	3,400.00
Canteen Sales	71,910.75	90,066.40
Competition Hosting	375.00	-
Donations	350.00	-
Events Income	-	5,570.00
Grants Received	3,000.00	-
Income Clearing	-	2,350.00
Interest Income	1,199.84	347.17
Merchandise sales	11,053.50	6,158.00
Player Fees	26,733.77	21,939.00
Presentation & Dinners	5,600.00	4,730.00
Room/Field Hire	2,290.00	790.00
Social Membership	1,160.00	-
Sponsorship	2,720.00	2,000.00
Sponsorship - Senior Nationals	-	4,875.00
Uniform Sales	-	706.91
Total Trading Income	126,192.86	142,932.48
Cost of Sales		
Bar & Canteen Supplies	37,011.37	46,915.69
Merchandise costs	12,444.03	11,696.00
Player uniforms	5,048.75	-
Total Cost of Sales	54,504.15	58,611.69
Gross Profit	71,688.71	84,320.79
Operating Expenses		
Advertising	247.75	416.79
Bank Fees	118.77	85.45
Bank, Stripe & Square Fees	1,793.15	1,630.44
Club Setup Costs	584.99	3,981.30
Events & Functions	1,119.60	825.00
General Expenses	50.00	-
Ground hire	31,644.46	26,361.52
Ground Maintenance	4,184.79	1,040.60
Licence & Permits	138.00	132.00
Major Event Costs	1,500.00	14,263.13
Player transfer fees	66.00	-
Playing Equipment	335.46	1,824.00
Presentation & year end events	2,145.42	6,484.40
Repairs and Maintenance	1,329.06	-
Square Fees	26.13	-

Profit and Loss

	2024	2023
Stripe Fees	2.21	-
Team nomination fees	19,431.00	19,571.00
Umpire fees	7,065.00	5,405.00
Total Operating Expenses	71,781.79	82,020.63
Net Profit	(93.08)	2,300.16

Balance Sheet

Sturt Lacrosse Club Incorporated

As at 30 September 2024

30 SEPT 2024 30 SEPT 2023

Assets

Assets		
Bank		
Bendigo Bank Account	6,523.70	6,282.57
Grant Account	2,798.24	2,798.24
People's Choice Credit Union	2,430.96	4,508.32
Total Bank	11,752.90	13,589.13
Current Assets		
Accounts Receivable	7,665.00	7,525.00
Bar & Canteen Stock	4,550.00	5,750.00
Merchandise	500.00	5,445.00
Prepayments	850.00	-
Sports Vouchers	500.00	3,000.00
Term Deposit 122	9,971.17	9,621.35
Term Deposit 985	11,571.54	11,019.06
Term Deposit 988	11,298.37	11,082.49
Total Current Assets	46,906.08	53,442.90
Total Assets	58,658.98	67,032.03
Liabilities		
Current Liabilities		
Accounts Payable	3,425.26	11,705.23
Total Current Liabilities	3,425.26	11,705.23
Total Liabilities	3,425.26	11,705.23
Net Assets	55,233.72	55,326.80
Equity		
Current Year Earnings	(93.08)	2,300.16
Retained Earnings	55,326.80	53,026.64
Total Equity	55,233.72	55,326.80

SENIOR MEN

Sturt Lacrosse Club Men's Competition Report Peter Greenhalgh

This season has marked a significant milestone for Sturt Lacrosse Club, as we fielded three men's teams for the first time in decades. The success of our teams, with all three qualifying for the finals, is a testament to the hard work and dedication of our players and coaching staff, and the culture of the club being pushed by the committee.

The recent demise of the North Eagles team led to many of their players choosing Sturt as their new home, highlighting the club's reputation as a premier destination for lacrosse in the region. While it is disappointing that the partnership with North Eagles did not continue, it speaks volumes about our club that these players recognized Sturt as the best place for their lacrosse journey.

The addition of these players and teams has created a more competitive environment, allowing for greater depth in our squads. This increased competition means that more players will be vying for their positions, which will inevitably bring a new intensity to training sessions that the club hasn't seen in years. As players push each other to elevate their performance, we anticipate not only improved individual skills but also a stronger team dynamic, fostering a culture of accountability and excellence.

Additionally, we welcomed several new players this season, further strengthening our teams and enhancing the depth of talent within the club.

Coaching reports from our dedicated team leaders are below, including insights from:

State League Men: Cam Adams and Henry Lawson

Division 1: Dennis Hansford

Division 2: Peter Forbes

We look forward to building on this success and continuing to develop a strong and vibrant men's program at Sturt Lacrosse Club.

MEN'S STATE LEAGUE

Cam Adams Robert Lawson | Coach

Sturt Lacrosse Club Men's State League Report The 2024 season for the Sturt Lacrosse Club Men's State League team was marked by a collective goal: to make it to the finals. This objective united a diverse group of players from various clubs and countries, creating a unique and dynamic atmosphere within the team.

As the season progressed, we faced the challenge of integrating American players, who arrived a bit later than the rest of the squad. Despite this, their contributions proved invaluable, significantly enhancing our gameplay and team cohesion. However, midway through the season, we encountered a moment of stagnation where morale dipped, and the energy on the field seemed to wane. Recognizing this, we implemented team-building exercises that fostered deeper connections among the players. We also engaged in open discussions about what it truly meant to wear the Sturt colours. This introspection transformed our dynamic, allowing us to grow stronger together as a unit.

Cam, our manager, provided essential support to the team, ensuring that players had what they needed throughout the season. His presence contributed to creating a positive environment that allowed us to focus on our performance.

A special thank you goes to Dave for volunteering to be the scorer for the team each week. His commitment to stepping up and helping the team made a significant difference in our overall experience.

As we reflect on the season, it is clear that the Sturt Men's State League team is on an upward trajectory. There is an unmistakable sense of camaraderie and excitement within the squad, creating a special feeling about our journey together. With our commitment and teamwork, we are poised for even greater achievements in the seasons to come.

DIVISION ONE – MEN

Denis Hansford | Coach

This season has posed unique challenges for the Division 1 Men's team at Sturt Lacrosse Club, as we navigated the complexities of having three teams in the competition. Player movement due to injuries, availability issues, and selections made it difficult to establish a stable lineup throughout the season. Despite these obstacles, the team's resilience and determination led them to a commendable effort in reaching the finals.

Unfortunately, our campaign ended in the semi-finals with a loss to Glenelg. While it was disappointing not to advance further, the hard work and dedication displayed by the players and coaching staff throughout the season have laid a strong foundation for the future.

DIVISION TWO – MEN

Peter Forbes | Coach

This year has been one to remember for the Sturt Lacrosse Club. Our division 2 team achieved an exceptional milestone, winning their second consecutive Grand Final. This achievement was particularly significant for the club, as, for the first time in quite a while, we successfully fielded three senior teams—a remarkable accomplishment that reflects the strength and growth of our club.

This success is a testament to the hard work, dedication, and passion shown by everyone involved—players, coaches, volunteers, and supporters alike. The unity and commitment displayed by our club this season has been truly inspiring, and it sets a high standard as we look to the future.

While this season brought tremendous success, it wasn't without its challenges. Although 34 players contributed throughout the season, there were still times when filling a side proved difficult, leading to three forfeited games. Yet, when we were able to field a team, we only lost three matches all season. This resilience and determination wouldn't have been possible without the incredible support of our reliable seniors and juniors, who stepped up when we needed them most. Their involvement was essential to our success and signals a promising future for Sturt Lacrosse.

We'd like to extend a special thank you to the following juniors for their commitment and dedication this season: Jacob Rickards, Kaleb Tuxford, Elliot Day, Alex Fitzpatrick, Aiden Mitchell, Ethan Buttfield, James Lawrence, Lucas Kingdon, Sonny Kernaghan, and Danny Kim.

Congratulations to our award winners for their outstanding performances and contributions to the club:

Best & Fairest: Kaleb Tuxford

Most Valuable Player: James Lawrence

Best Team Player: Nathan Tuck

Most Consistent: Sean Correll

Thank you to everyone who contributed, from our seasoned players to the new talent emerging from our juniors. Let's carry this momentum forward and continue to build on the foundation we've established. Here's to another successful season ahead.

Peter Forbes

SENIOR WOMEN

Women's Competition Stacey Appleton

Division 1 Women

Our Division 1 women's team made an impressive run this season, securing 3rd place and making it to the finals. This is a strong achievement and reflects the dedication and growth across all players. A special mention goes to Amy Millbank, who placed 3rd in the Association Best and Fairest, highlighting her outstanding performance and contribution to the team.

The team's progress this season is largely thanks to the guidance of coach Cassie O'Connor, whose leadership has not only improved individual skill levels but also fostered a more rigorous and committed training environment. The increased intensity at training sessions has pushed the players to work harder and strive for continual improvement, setting a strong foundation for future success.

Division 2 Women

Our Division 2 team launched this year and has enjoyed a fantastic season of growth, camaraderie, and enjoyment. This new team brought together a unique mix of players, including newcomers, former players, mums, and partners of male players. The season has been filled with enthusiasm, with players embracing the spirit of the game and creating a positive and fun environment that has set a great foundation for seasons to come.

Below are individual coaching reports from our dedicated team leaders:

Division 1 – Cassie O'Connor: (Report detailing the season's strategy, key highlights, and player development initiatives.)

Division 2 – Danielle Fitzpatrick: (Report detailing the team's introduction, achievements, and community impact.)

This season has been a true testament to the dedication of our players, coaches, and the support of our community. We look forward to building on this success and continuing to support the growth of women's sports within our club.

DIVISION ONE WOMEN

Cassie O'Connor | Coach

The 2024 season was a fantastic year for the div 1 women's. We started the year with a squad of 21 a result of the building numbers from hard work in past years. Unfortunately, a few of the juniors weren't able to play div 1 due to LSA restrictions but still trained consistently with the squad all year, a great reflection of the culture of the teams coming through.

The team struggled with self-belief at the start of the season but one of the highlights as a coach was seeing that belief build through the season. Watching the girls work together and defeat teams that assumed they'd win against us was great. We finished 4th after the minor rounds with 6 wins and 9 loses. Finishing third overall after a nail biting loss to Glenelg in the preliminary where we pushed hard and unfortunately went down by one.

The awards this year could have gone to a number of players as is the case with a good squad. The final award winners were:

Best & Fairest – Amy Millbank

Most Valuable Player – Candace Clarke

Most Improved – Imogen Wilson

Coaches Award – Davina Rowlands

Thanks, have to go to Kathy for scoring every week and Stacey and Pete for helping out coaching. I would like to thank the committee for supporting me to continue coaching the team and all the members of the squad for their efforts, hard work and fantastic attitude.

Looking forward there's so much skill building in the group. I think the incoming committee should be aiming to have a Women's State League team in 2026, so the preparation for this needs to be a focus for 2025.

2025 should be an exciting year for the Women's side of Sturt Lacrosse Club!

Cass O'Connor

DIVISION TWO WOMEN

Danielle Fitzpatrick | Coach

The division 2 team celebrated a successful and memorable 2024 season back for all involved. For many players, this season marked their first time on the field, while others returned with experience and passion, playing an invaluable role in guiding and mentoring newcomers. The collaborative spirit and dedication of all players made for an environment that was both supportive and fun, with each game bringing us closer together as a team.

Throughout the season, we saw tremendous growth in skills, teamwork, and confidence, with players pushing themselves and each other to perform at their best. Each game and training saw improvement and an increase in skills as everyone brought all they had to the field, making every moment memorable. Looking ahead, we are more excited than ever for next season. With a strong foundation and a growing community of players, we're eager to see what the future holds. Thank you to everyone—players, coaches, and supporters—for making this season one to remember. We can't wait to continue building on this momentum and look forward to seeing familiar and new faces next year.

Danielle Fitzpatrick

JUNIOR COMPETITION REPORT

Danielle Fitzpatrick | Junior Competition Coordinator

Junior coordinator This year, we made significant strides in recruitment for Sturt, with a focus on expanding our school lacrosse initiatives.

These efforts have not only bolstered our team numbers but have also introduced the sport to a broader range of young players, sparking interest and building enthusiasm within the community, in the lead-up to the Olympics.

The success of these programs has encouraged us to set even more ambitious goals for next season, with plans for further school and Quikstix programs, and player development to bring more young players into the game.

Our junior teams have had an exceptional season, showing impressive commitment, skill development, and teamwork. Each player, whether new or seasoned, demonstrated remarkable growth and determination on the field, representing Sturt with pride. As a club, we couldn't be prouder of the accomplishments shown by players, coaches, and families alike. I'm pleased to reflect on what has been a rewarding first season for me as Junior Coordinator at Sturt Lacrosse Club.

2024 Under 8

Coaches Jesse Whinnen – Nathan Twisk

The u8s played their first season in 2024. The team had a total of 7 players, 5 boys and 2 girls. 6 of which had never played before. We finished the season with 4 wins, 4 draws and 4 loses. Every player scored this season. They all worked really hard on passing, catching and ground balls and the improvement from game 1 to game 12 was amazing to witness.

JUNIOR GIRLS

Coaches:

Under 18 Girls – Coach Stacey Appleton

Under 15 Girls - Coach Peter Greenhalgh

Under 13 Girls - Mackenzie Appleton Jessica Greenhalgh Bianca Bilsborow

Under 11 Girls – Coaches Davina Rowlands – Immi Wilson

2024 U11 Girls Report

Coaches Immi Wilson Davina Rowland

2024 U13 girls Report

Coaches Mackenzie Appleton Jessica Greenhalgh Bianca Bilsborow

At the start of the season, we faced a real challenge, with not enough players to field a full team. However, the U11s stepped up, filling in spots when needed, and showing incredible support for their older teammates. As the season progressed, we welcomed new girls eager to learn and play, along with some familiar faces who were excited to return to the game. Their enthusiasm and dedication brought fresh energy to the team, which continued to grow stronger each week. By the end of the year, these girls had transformed into a truly thriving team—united, determined, and ready to take on any challenge.

2024 U15 Girls Report

Coaches Peter Greenhalgh

Manager: Dana Gibson

Captains: Hannah Greenhalgh & Lily Nettlefold

Overview

The Sturt Lacrosse Club U15 Girls team had a remarkable 2024 season, highlighted by significant improvement from all players and a renewed focus on team strategy and individual roles. After missing finals last year, the team's hard work and dedication paid off with a well-deserved spot in the grand final. Although the result didn't go their way, the team can be proud of their growth and achievements throughout the season.

Focus Areas for the Season

- **Strategic Play:**
Emphasis on understanding both team strategy and individual roles to enhance gameplay.
- **Skill Development:**
Each player improved their core lacrosse skills, with a focus on passing, ground balls, shooting, and defensive positioning.
- **Team Chemistry and Communication:**
Strengthening teamwork through effective communication and trust on the field.
- **Mental Toughness and Competitive Mindset:**
Preparing players for high-pressure situations, especially in finals matches.

Performance Overview

- **Minor Round Record:** 2nd Place (W-D-L: 10-0-3)
The U15 girls consistently demonstrated their competitive edge, earning a second-place finish in the minor round. Key matches included:
 - **Round 12:** A commanding win against Glenelg (23-6), a team with whom they had drawn twice in 2023.
 - **Semi-Finals:** Despite a valiant effort, the team lost to eventual premiers Brighton by just 4 goals, showcasing their determination and skill.
- **Grand Final Result:**
 - **Grand Final:** Sturt vs. Brighton – 9-18.
In the grand final, Brighton proved to be too strong, boasting a host of future champions. Despite the defeat, the team never gave up and showed great tenacity throughout the match.

Season Highlights

- **Grand Final Effort:**
Though the grand final ended in defeat, the team fought with heart and determination, demonstrating their commitment and resilience.
- **Regular Season Success:**
The team delivered strong performances throughout the season, setting the foundation for their finals campaign.
- **Notable Improvement:**
Every player contributed to the team's success, with individual roles clearly defined and executed, elevating their performance as a cohesive unit.
- **U15 Rep Team Achievements:**
Special notation that of our 10 players, 9 trialed for U15 rep team positions, and 9 were successful:
 - **Storm (U15 National Champions):** Hannah Greenhalgh (MVP), Lily Nettlefold, Sara Day
 - **Lightning (Runners Up):** Lilah Rennie (Co-Captain, MVP), Ava Gibson
 - **Comets:** Enya Lowe (Co-Captain, MVP), Indi Nettlefold
 - **Hurricanes:** Kiara Tuxford, Tilly Priddle

Challenges and Adaptations

- **Learning New Roles and Strategies:**
Adapting to new roles and strategies was initially challenging, but the players embraced these responsibilities, which became a strength as the season progressed.
- **Handling Finals Pressure:**
Competing in the finals for the first time in recent years was a new experience for many players, but the team rose to the occasion with resilience.

Looking Ahead

This season has laid a strong foundation for future success. With many players returning next year, the focus will shift to building on this year's achievements and refining their skills even further. The experience gained from the grand final will be invaluable as the team aims for continued improvement and another deep final run.

Acknowledgements

Special thanks to:

- **Dana Gibson:** For her outstanding work with rosters, allowing me to focus on coaching without worry.
- **Stacey Appleton:** For her unwavering support during some tough times as a coach.
- **Mackenzie Appleton:** For her invaluable assistance in the coaches' box throughout the season.
- **Parents and Supporters:** For their constant encouragement and presence at every game.

Conclusion

The 2024 season marked a turning point for the Sturt Lacrosse Club U15 Girls team. Their focus on strategy, teamwork, and individual roles propelled them from missing finals last year to making the grand final. Although they didn't secure the title, the progress made by every player is a victory in itself. The future looks bright for these young athletes, and the club eagerly anticipates even greater achievements next season.

2024 U18 Girls report

Coach Stacey Appleton

Manager Megan Wilson

Captain Mackenzie Appleton Jess Greenhalgh Amelie Cook

The Under-18 girls faced a formidable season, squaring off against teams stacked with 4-5 WSL players and even some who had represented at the U20 World Cup. Against the odds, we proved that Sturt is a rising force, showing significant progress against the top three teams. Our hard work paid off with four wins, including victories over Brighton and the Eagles, who finished fifth and sixth respectively. This year also marked our first taste of finals action as a team.

Despite the tough competition, the girls exhibited incredible resilience, grit, and growth in both their individual skills and teamwork throughout the season. It was truly inspiring to witness how far they've come, not just as players, but as a unified team.

Their determination was undeniable, and the leaps in both their technical abilities and cohesion were on full display. With every game, their potential became more apparent, and as they continue to gain experience, there's no doubt this team's star will rise even higher.

This season, we were fortunate to have a core of 10 true U18 players, bolstered by three key transfers: Bianca Bilsborow and Bella Hasda-Hall from Burnside, and Adele Canny from Brighton. Their addition added depth to our defense, allowing our goalie, Mia Priddle, to focus on refining her skills, rather than simply surviving a barrage of one-on-one situations.

The U15 girls who joined us weekly also showed tremendous growth, and with more experience, they are on track to become excellent players.

To push ourselves to the next level and compete more fiercely with the top teams, the players will need to bring even more intensity and focus to training, pushing harder and committing to a higher standard of effort and concentration. The future looks bright, but the work ahead will be just as demanding.

Stacey Appleton

JUNIOR BOYS

Coaches:

U18 Boys Patrick Grey Jacob Newman-

U15 Boys – Chris Evans

U13 Boys -James How - Alex Fitzpatrick

U11 Boys Matt Falloon

2024 U13 Boys Report

Coaches James How – Alex Fitzpatrick

This year the u13 boys combined with burnside to make the collective Bluebears. The team started the season strong with a large win over north Adelaide. This put the team in high spirits and set a good benchmark for the season ahead. Along came the second game against a strong Glenelg team.

They went into it expecting it to be as easy as the previous game and were quite shocked at the end of the game with their heads down after losing. From there they had their ups and downs throughout the season. But no matter what they never gave up and never took a back seat. Along came finals and much to their delight they had qualified 3rd behind the Blackfriars team which they had been evenly matched with all year. They overcame a narrow win in the first week of finals. Then they matched up with Blackfriars for a spot in the

grand final. The game was close right up until the last quarter where unfortunately the other team with their larger numbers were able to tire our players out piling on a number of goals right near the end. This meant that our U13s season was over.

To some of them this was devastating as it should. But all it took was to show them how far they had come and how much that they had achieved and what they should be proud of. They were a great bunch of children who bonded extremely well as a team, and I am very proud of all of them.

2024 U15 Boys Report

Chris Evans Coach

This season was tough, with only six under 15s and the rest having to be made up of under 13 boys with these

players dropping in and out of the team over the season. Despite this, the boys stayed competitive throughout the season, coming close to a few wins against the top teams, Brighton and Glenelg, and winning against the rest. In the end, they finished third losing in a tight final game against Brighton which is impressive given that half the team almost half the team were under 13 players.

2024 U18 Boys Report

Jacob Newman - Pat Gray Coach

This year, it was the boys first time in a new u18's competition. This provided a greater variety of opportunity for learning with the younger boys, and further development for those heading into senior lacrosse now. It was a slow start to the year, but the boys soon began to gel defensively and locking down tougher opponents and the offence often putting scoreboard pressure on teams. Overall, the final result may be disappointing, but for a young group, some of which were learning to play new positions. It was a promising start for many as they look towards pushing for senior positions.

U18 State Team

Orlando Kernaghan

Ethan Lauck

U18 Women's President team

Mackenzie Appleton

Amelie Cook

Jessica Greenhalgh

Adele Canny

Hannah Greenhalgh

Enya Lowe

Lily Nettlefold

Under 15 Rep Players

Storm (U15 National Champions): Hannah Greenhalgh (MVP), Lily Nettlefold, Sara Day

Lightning (Runners Up): Lilah Rennie (Co-Captain, MVP), Ava Gibson

Comets: Enya Lowe (Co-Captain, MVP), Indi Nettlefold Hurricanes: Kiara Tuxford, Tilly Priddle

Stingrays Kaleb Tuxford Quillan Bleakly (Alternates Andrew Basedow Lachlan Greenhalgh)

JUNIOR UMPIRES

A big thank you goes out to all our junior officials, although it goes without saying without these fantastic people our juniors' games couldn't exist.

Our thanks go out to:

- Zac Tremlett
- Tamryn Aufderheide
- Ashton Brown
- Mackenzie Appleton

LIFE MEMBERS

For a full list of current life members, life membership criteria and how to nominate for life membership, please visit:

<https://www.sturtlacrosse.org.au/lifemembers>

The following nominations have been endorsed by the sSpecial Life Member committee. This year the committee comprised

Chair – Peter Greenhalgh (President)

Life Members

Laurie Stone

John Correll

Frank Vella

Mark Norton

Paul Kernaghan

Nomination – John Hill

John Hill's appointment as a life member was met with unanimous approval, given his illustrious career and remarkable contributions to the club and the sport. A two-time Isaachsen Trophy winner (1986, 1989) – the highest individual honour awarded in Australian lacrosse – John's on-field achievements are matched only by his success at the team level. His leadership and talent were instrumental in multiple State League Premiership wins, cementing his legacy as both a decorated player and an indispensable team member.

Beyond his playing career, John's dedication to lacrosse has extended far beyond the field. With years of experience coaching both senior and junior teams, he has shaped the next generation of players, imparting his knowledge, passion, and competitive spirit to countless athletes. His coaching career stands as a testament to his commitment to fostering development at all levels, from grassroots to elite competition.

In addition to his on-field and coaching contributions, John has served the club tirelessly through various committee roles, helping to guide its strategic direction and ensure continued success. His deep understanding of the game, combined with a long-standing commitment to the club's growth, made him not only a leader but also a respected mentor within the lacrosse community.

The breadth of John's accomplishments – from his personal accolades to his impact as a coach and administrator – made him a fitting and deserving candidate for life membership. His passion for lacrosse, both on and off the field, exemplifies the spirit of the sport, and his influence will be felt for years to come.

Nomination – Chris De Mello

Chris career in dot points...

- **Committee Roles:**
 - General committee member and players' rep (1993-1996)
 - Assistant Treasurer (1997)
 - Assistant Secretary (1998)
 - Secretary (1999-2002)
 - Men's Comp Coordinator (2004-2005, 2009-2013, 2016)
 - Chairman (2007-2008)
 - President (2014-2015)
 - **Committee Service:** Worked under leaders such as Lindsay Wapper, Peter Tuck, Laurie Stone, Jason Quinn, Craig Jaeger, Mark McPherson, and served two years as President.
 - **Coaching:**
 - Coached Sturt juniors (1994-2008)
 - Senior team assistant coach (2020-2021)
 - Sturt/SeaDevils box coach (2017-2020, 2022)
 - Coached state teams:
 - Assistant coach, 2005 SA U/19 Boys
 - Head coach, SA Senior Men's Box Team (2008-2010)
 - Assistant coach, 2019 SA Senior Men's Box
 - Head coach, 2023 SA Senior Women's Box
 - Head coach, Australia's Inaugural Womens National Team
 - **Refereeing:** Senior club referee (2014-2015)
 - **Playing Career:**
 - **Club:** Played juniors (1986-1990) and seniors (1990-2016), including a stint with the Langley Knights in Canada (2006).
 - **State:** Represented SA at various levels from U/15 to seniors (1989-2011), winning three national titles.
 - **International:** Played for Australia:
 - U/17 vs. Japan (1990)
 - Senior Box Teams (2003, 2007, 2011 – Assistant Captain)
 - **Field Marking:** Marked countless lacrosse fields throughout his career.
- Chris De Mello's journey reflects a lifelong dedication to lacrosse, excelling as a player, coach, referee, and administrator at every level of the sport.

PLAYERS, FIXTURES & RE- SULTS

Women's State League (Woodville)

https://websites.mygameday.app/team_info.cgi?id=27135375&c=0-2638-139202-637110-0

Men's State League

https://websites.mygameday.app/team_info.cgi?id=27135389&c=0-2638-0-637109-0

Women's Division 1

https://websites.mygameday.app/team_info.cgi?id=27135639&c=0-2638-0-637159-0

Men's Division 1 https://websites.mygameday.app/team_info.cgi?id=27135646&c=0-2638-0-637157-0

Men's Division 2

https://websites.mygameday.app/team_info.cgi?id=27137747&c=0-2638-0-637667-0

All teams

https://websites.mygameday.app/club_info.cgi?c=0-2638-139219-623940-27056648&clubID=139219

TROPHY WINNERS 2024

MEN'S STATE LEAGUE

Best & fairest	P.J. Cook Memorial Trophy	Jack Waller
MVP	The Wiles Trophy	Aaron Hill & Jessie Whinnen
Best Team man		Sam Kilford
Most Consistent		Jacob Newman

MENS DIVISION 1

Best & fairest	Danny Kim & Cam Adams
mvp	Matt Falloon
Best team man	Ben Thomas Gill
Most improved	Ethan Buttfield

MEN'S DIVISION 2

Best & fairest	Kaleb Tuxford
mvp	James Lawrence
Best team man	Nathan Tuck
Most Consistent player	Sean Correll

CLUB AWARDS

President's Award		Melissa Ainsley
Joy Gomer Award	Joy Gomer Award	Tamryn Aufderheide
Jack and Sharon Lynch Award	Jack and Sharon Lynch Award	Jesse Whinnen
Junior male club Award	Paul Kernaghan Award	Ethan Buttfield
Junior female club Award	Gomer Award	Jessica Greenhalgh
Spirit of Lacrosse	Sturt lacrosse	Zachary Tremlett
Rising Star awards		
Girls	Davina Rowlands	
Boys	Ewen Lauck	

WOMEN'S STATE LEAGUE

Plymptonion Don Gomer Award B&F Makayla Ritchie

WOMEN'S DIVISION 1

Best & fairest	Amy Millbank
Most valuable	Candace Clarke
Most Improved	Imogen Wilson
Coaches' trophy	Davina Rowlands